

CARC Competition & Warm Water Pool - Lane Schedule October 2018 (Schedule Subject to Change)

Day	Sunday							Monday							Tuesday							Wednesday							Thursday							Friday							Saturday													
	LANE#	6	5	4	3	2	1	WW	6	5	4	3	2	1	WW	6	5	4	3	2	1	WW	6	5	4	3	2	1	WW	6	5	4	3	2	1	WW	6	5	4	3	2	1	WW	6	5	4	3	2	1	WW						
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- FAC = Functional Aquatic Conditioning**
- AP = Aqua P90X**
- GSL = Group Swim Lessons**
- OS = Open Swim**
- MR = Manta Ray Swim Team Practice**
- GGAC = Adventure Camp**
- ICS = I Can Swim Program**

Private Reservations:
 10/4 - Hershman Soccer Party 5:30p-8p
 10/7 - CARC Open House 12p-4p
 10/13 - Whitehair Birthday 1p-3:30p
 10/20 - Berry Birthday Party 11a-1p
 Lewis Birthday Party 2p-4p
 10/21 - Scudder Birthday Party 2p-4p

Lifeguard Class:
Tuesdays and Wednesdays from 5:30p - 8:30p
Aqua P90X:
Tuesdays and Thursdays from 9a - 10a
Manta Ray Swim Team:
Thursdays from 5p - 6:30p
Group Swim Lessons:
Sundays from 12:30p - 4:00p

Kayak Rolling:
10/1 - 10/4, 10/8 - 10/11, 10/15 - 10/18, 10/22 - 10/25, and 10/29 - 11/1

Home School/College & Me Swim:
Wednesdays from 12:40p - 2:10p
I Can Swim Program: *will take place Mon. - Thurs. from 10:30a - 1:30p during the following weeks; 10/1 - 10/4, 10/8 - 10/11, 10/15 - 10/18, 10/22 - 10/25, and 10/29 - 11/1*

Important Note:
 Depending on class size there will be times that scheduled programming will consume the Warm Water Pool. The Spa area is almost always available due to the fact that we do not always know ahead of time how many students we will have in a particular class; therefore, we are not able to always post when this may happen. We appreciate your cooperation!