

Competition & Warm Water Pool - Lane Schedule August 2023 *(Schedule Subject to Change)*

Day	Sunday							Monday							Tuesday							Wednesday							Thursday							Friday							Saturday						
LANE#	6	5	4	3	2	1	WW	6	5	4	3	2	1	WW	6	5	4	3	2	1	WW	6	5	4	3	2	1	WW	6	5	4	3	2	1	WW	6	5	4	3	2	1	WW							
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Opens @ 8:30am

FAC

FAC

FAC

VALUE SWIM

AF

SWA

WA

POOL CLOSING AT 4PM

Closes @ 7:30pm

FAC = Functional Aquatic Conditioning

AF=AquaFit

AP = Aqua Pi-Yo-Chi

GSL= Group Swim Lessons

VS = Value Swim

MRST = Manta Ray Swim Team Practice

SWA= Senior Center Water Aerobics

ICS = I Can Swim Program

WA = Water Aerobics

SO = Special Olympics Practice

C&Me = College & Me

PCA=Parent/Child Aquatics

PRIVATE RESERVATIONS & CLOSURES

Temporary Pool Hours:

Tuesday- Both Pools- 6:30am-4:00pm

8/12- Birthday Party 2-3:30pm

8/14-18 WSI Class (Lane 6)



AQUATIC CLASSES/PROGRAMS

Aqua FAC: Monday, Wednesday, and Friday at 9a

Aqua Pi-Yo-Chi:

AquaFit- Tuesdays at 10:30am

Water Aerobics: Thursdays at 3:15pm

Senior Center Water Aerobics: Thursdays 12pm-1pm

Lifeguard Training:

I Can Swim:

College & Me 5th Graders-

Special Olympics Competitor Practice: Thursdays 4-6pm

Home School/College & Me Swim:

I Can Swim Program: will take place Monday - Thursday

IMPORTANT NOTE:

Depending on the class size, there will be times that scheduled programs will consume the warm water pool. The Spa area is usually available but we do not always know ahead of time how many students will be attending a particular class; therefore, we are not always able to post when this may happen. We appreciate your cooperation!