

Competition & Warm Water Pool - Lane Schedule September 2023 <i>(Schedule Subject to Change)</i>																																																	
Day	Sunday							Monday							Tuesday							Wednesday							Thursday							Friday							Saturday						
LANE#	6	5	4	3	2	1	WW	6	5	4	3	2	1	WW	6	5	4	3	2	1	WW	6	5	4	3	2	1	WW	6	5	4	3	2	1	WW	6	5	4	3	2	1	WW	6	5	4	3	2	1	WW
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FAC = Functional Aquatic Conditioning

AF=AquaFit

AP = Aqua Pi-Yo-Chi

GSL= Group Swim Lessons

VS = Value Swim

MRST = Manta Ray Swim Team Practice

SWA= Senior Center Water Aerobics

ICS = I Can Swim Program

WA = Water Aerobics

SO = Special Olympics Practice

C&Me = College & Me

PCA=Parent/Child Aquatics

PRIVATE RESERVATIONS & CLOSURES

Temporary Pool Hours:

Tuesday- Both Pools- 6:30am-4:00pm

Birthday Parties (Warm Water/Lane 6)

Saturday: Sept 16 11:30am - 2:30pm

Saturday: Sept 16 3:30pm - 6:30pm

Sunday: Sept 17 10:30am - 1:30pm

Sunday: Sept 17 2:30pm - 5:30pm

Saturday: Sept 30 2pm-5pm

Saturday: Sept 30 11am - 2pm

AQUATIC CLASSES/PROGRAMS

Aqua FAC: Monday, Wednesday, and Friday at 9a

Aqua Pi-Yo-Chi:

AquaFit- Tuesdays at 10:30am

Water Aerobics: Thursdays at 3:15pm

Senior Center Water Aerobics: Thursdays 12pm-1pm

Lifeguard Training:

I Can Swim: Sept 11-14 / Sept 25-28

College & Me 5th Graders- Sept 11-14 / Sept 25-28

Special Olympics Competitor Practice: Thursdays 4-6pm

Home School/College & Me Swim:

I Can Swim Program: will take place Monday - Thursday

IMPORTANT NOTE:

Depending on the class size, there will be times that scheduled programs will consume the warm water pool. The Spa area is usually available but we do not always know ahead of time how many students will be attending a particular class; therefore, we are not always able to post when this may happen. We appreciate your cooperation!