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FAC = Functional Aquatic Conditioning

AF=AquaFit

AP = Aqua Pi-Yo-Chi

GSL= Group Swim Lessons

VS = Value Swim

MRST = Manta Ray Swim Team Practice

SWA= Senior Center Water Aerobics

ICS = I Can Swim Program

WA = Water Aerobics

SO = Special Olympics Practice

C&Me = College & Me
PCA=Parent/Child Aquatics

PRIVATE RESERVATIONS & CLOSURES

Temporary Pool Hours:

Birthday Parties (Warm Water/Lane 6)

Saturday Jan 6 1-4p, 4:30-7:30 Sunday Jan 7 11-2

Sunday Jan 7 11-2 Sunday Jan 14 10:30-1:30p, 2-5p

Friday Jan 19 5-8p

Saturday Jan 20 1-4p Saturday Jan 27 11-2p, 4-7p

Sunday Jan 28 1-4p



AQUATIC CLASSES/PROGRAMS

Aqua FAC: Monday, Wednesday, and Friday at 9a

Aqua Pi-Yo-Chi:

AquaFit- Tuesdays at 10:30am

Water Aerobics: Thursdays at 3:15pm

Senior Center Water Aerobics: Thursdays 12pm-1pm

Lifeguard Training:

I Can Swim: Monday Dec 4

College & Me 5th Graders-

Special Olympics Competitor Practice: Thursdays 4-6pm

Home School/College & Me Swim:

I Can Swim Program: will take place Monday - Thursday

IMPORTANT NOTE:

Depending on the class size, there will be times that scheduled programs will consume the warm water pool. The Spa area is usually available but we do not always know ahead of time how many students will be attending a particular class; therefore, we are not always able to post when this may happen. We appreciate your cooperation!